

## SHELF LIFE OF SOAP MAKING OILS

When you are working with oils for soap making, skin & hair care cosmetics you will need to know the shelf life of the ingredients. Similar to cooking, you don't want to use really old ingredients as you won't get the best results out of it. Below are the lists of base oils/fats with their corresponding shelf life.

Below are your guidelines to these oils:

### Shelf Life of Soap Making Oils

Oil	Shelf Life
Apricot Kernel	6 months to 1 year
Avocado	up to 1 year
Canola	6 months to 1 year
Castor	up to 1 year
Cocoa Butter	1 year plus
Coconut	Up to 2 years
Corn	6 months to 1 year
Grapeseed	3 months to 1 year
Hempseed	3 months to 6 months
Jojoba	Indefinite
Neem	up to 1 year
Macadamia Nut	1 year
Mango	up to 2 years
Olive	1 year
Palm	up to 2 years
Palm kernel	up to 2 years

Peanut	6 months to 1 year
Rice Bran	9 months to 1 year
Safflower	1 year
Sesame	9 months to 12 months
Shea Butter	1 year
Soybean	6 months to 1 year
Sunflower	3 months to 1 year
Sweet Almond	6 months to 1 year
Walnut	less than 3 months
Wheat germ	up to 1 year

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